

## Comparison of two modern vaccines and previous influenza infection against challenge with an equine influenza virus from the Australian 2007 outbreak

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(Received 23 July 2009; accepted 28 October 2009)

**Abstract** – During 2007, large outbreaks of equine influenza (EI) caused by Florida sublineage Clade 1 viruses affected horse populations in Japan and Australia. The likely protection that would be provided by two modern vaccines commercially available in the European Union (an ISCOM-based and a canarypox-based vaccine) at the time of the outbreaks was determined. Vaccinated ponies were challenged with a representative outbreak isolate (A/eq/Sydney/2888-8/07) and levels of protection were compared. A group of ponies infected 18 months previously with a phylogenetically-related isolate from 2003 (A/eq/South Africa/4/03) was also challenged with the 2007 outbreak virus. After experimental infection with A/eq/Sydney/2888-8/07, unvaccinated control ponies all showed clinical signs of infection together with virus shedding. Protection achieved by both vaccination or long-term immunity induced by previous exposure to equine influenza virus (EIV) was characterised by minor signs of disease and reduced virus shedding when compared with unvaccinated control ponies. The three different methods of virus titration in embryonated hens' eggs, EIV NP-ELISA and quantitative RT-PCR were used to monitor EIV shedding and results were compared. Though the majority of previously infected ponies had low antibody levels at the time of challenge, they demonstrated good clinical protection and limited virus shedding. In summary, we demonstrate that vaccination with current EIV vaccines would partially protect against infection with A/eq/Sydney/2888-8/07-like strains and would help to limit the spread of disease in our vaccinated horse population.

**equine influenza / vaccine / protection / outbreak / antibody**

### 1. INTRODUCTION

Equine influenza viruses (EIV) are major respiratory pathogens of horses, causing high morbidity and occasional mortality. Equine

influenza (EI) is a highly contagious disease and is contracted by inhalation of infectious virus aerosols. EI is not only an important welfare issue but can have a profound economic impact on the equine industry with major epidemics disrupting horse racing and breeding.

In horses, two different subtypes have been isolated, H7N7 and H3N8. The H7N7 subtype

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was first recognised in Eastern Europe in 1956, in an outbreak where the prototype strain A/eq/Prague/56 was isolated [31]. The H7N7 viruses have not been isolated from horses for over 25 years [33].

Equine influenza H3N8 viruses were first isolated in North America in 1963 [32] and continue to be isolated to this day [2, 17]. Phylogenetic analyses of these isolates identified a divergence in the evolution of the H3N8 subtype in the late 1980s giving rise to the Eurasian and American lineages, which have continued to co-circulate [2, 5]. The American lineage has subsequently diverged again into the Kentucky and Florida sublineages [16], the latter of which has since divided into two separate clades, designated clade 1 and 2<sup>1</sup> [2]. The majority of the recently isolated viruses in North America and the UK belong to the Florida sublineage clades 1 and 2, respectively [2].

Vaccines for EIV have been available since the 1960s, but EIV continues to cause episodic outbreaks of disease worldwide in both vaccinated and unvaccinated horses. Historically vaccines against EIV have consisted of inactivated whole virus preparations mixed with different adjuvants [15, 30]. Vaccine strains used have also varied worldwide. Protection induced by this type of vaccine is primarily mediated by antibodies against the haemagglutinin surface glycoprotein (HA). Protection correlates with serum antibody levels as measured by single radial haemolysis (SRH) [20, 21, 34]. Previous work using a Welsh Mountain pony challenge model showed that protection from experimental infection with EIV correlated with the antigenic relatedness of the vaccine to the challenge virus strain [6, 37].

Natural infection with EIV confers a long-term immunity to re-infection with a homologous strain even in the absence of antibodies at the time of re-infection [11]. In order to mimic more closely the protective immunity induced by EIV, a

new generation of vaccines has been designed to stimulate both antibody and cell-mediated immunity [26]. In addition to improvements in vaccine technology, efforts have been made by a number of laboratories to monitor the antigenicity of circulating EIV strains in order to provide data for appropriate vaccine strain selection. Currently there is recommendation for a Florida sublineage isolate (A/eq/South Africa/4/03-like) or equivalent<sup>1</sup>. Modern vaccine technologies are now being employed for EIV vaccination including the use of Immuno-stimulating complexes (ISCOM) and matrices [4, 12, 13, 23, 26, 29] and recombinant poxvirus vectors [10, 19]. At the time of this study, the ProteqFlu™ vaccine (Merial Animal Health Ltd, Harlow, UK) contained two recombinant canarypox viruses expressing the HA of A/eq/Kentucky/94 (American lineage, H3N8) and A/eq/Newmarket/2/93 (Eurasian lineage, H3N8). This vaccine was shown to significantly reduce clinical signs and to prevent virus shedding in ponies challenged 2 weeks post V2 with A/eq/Newmarket/5/03 [10, 27]. A/eq/Newmarket/5/03 is a member of the Florida sublineage clade 2 viruses commonly found in the UK and was responsible for the large outbreak seen in vaccinated horses in Newmarket in 2003 [25]. The authors note that since this study was conducted Merial has updated its ProteqFlu™ vaccine to now include the virus strain A/eq/Ohio/03 (American lineage, H3N8), as recommended by the OIE in 2006<sup>2</sup>.

Equip™ F (Schering Plough Animal Health, Hertfordshire, UK) was an ISCOM-based vaccine containing the strains A/eq/Newmarket/77 (H7N7), A/eq/Kentucky/98 (American lineage, H3N8) and A/eq/Borlange/91 (Eurasian lineage, H3N8). It was shown to significantly reduce clinical signs and to prevent virus shedding in ponies after experimental infection with A/eq/South Africa/4/03 2 weeks post second vaccination (V2) [8, 29]. A/eq/South Africa/4/03

<sup>1</sup> OIE, Conclusion and recommendations from the Expert Surveillance Panel on Equine Influenza Vaccines, 2008, pp. 42–45. <http://www.oie.int/eng/publicat/BULLETIN%20PDF/Bull%202008-2-ENG.pdf> [consulted 21 October 2008].

<sup>2</sup> OIE, Conclusion and recommendations from the Expert Surveillance Panel on Equine Influenza Vaccines, 2006, pp. 35–36. <http://www.oie.int/eng/publicat/BULLETIN%20PDF/Bull%202006-2-ENG.pdf> [consulted 12 November 2007].

was isolated from the large 2003 outbreak in naïve horses in South Africa and is representative of the Florida sublineage clade 1 viruses. Both vaccines were able to induce EIV-specific IFN- $\gamma$  synthesis by peripheral blood lymphocytes, suggesting the vaccines stimulated cell-mediated immunity by directly activating Th1 cells [27, 29].

In mid-August 2007 an outbreak of EIV was detected in a partially vaccinated horse population in Japan [14, 36]. Later that month EIV was detected in a naïve population in Australia<sup>3</sup>. EIV infection spread rapidly in both countries, eventually infecting over 75 000 animals in Australia [9]. Molecular characterisation of the representative virus A/eq/Sydney/2888-8/07 has classified it as a member of the Florida sublineage clade 1 viruses, typical of viruses recently isolated in North America. Of particular concern to the racing industry in the UK was the apparent vaccine breakdown observed in Japan. The vaccine used was a whole inactivated EIV vaccine containing the strains A/eq/La Plata/93 (American lineage, H3N8), A/eq/Avesta/93 (Eurasian lineage, H3N8) and A/eq/Newmarket/77 (H7N7) [36]. These strains are phylogenetically similar to the strains used in the vaccines available in the EU at the time. This raised the concern that vaccines available at the time may have also been vulnerable to breakdown when challenged with this or a related virus, as seen in 2003 with the emergence of A/eq/Newmarket/5/03 that infected both vaccinated and non-vaccinated equids in Europe [1, 25].

Here we determine the level of protection provided by two modern vaccines, namely Equip<sup>TM</sup> F and ProteqFlu<sup>TM</sup>, against experimental infection with a virus isolated from the Australian EIV outbreak in 2007. To this end Welsh Mountain ponies were challenged 2 weeks post V2 to reflect a situation in which animals would be vaccinated during an outbreak. Virus shedding, a key element to control in order to halt viral spread, was monitored using three different methods. The long-term immunity of

ponies experimentally infected with the phylogenetically-related isolate A/eq/South Africa/4/03 was also tested.

## 2. MATERIALS AND METHODS

### 2.1. Vaccine

Two vaccines commercially available in the EU were used in the study; ProteqFlu<sup>TM</sup> (Merial Animal Health Ltd, batch number L212428) containing two recombinant canarypox viruses expressing the HA of A/eq/Newmarket/2/93 and A/eq/Kentucky/94 and an ISCOM-based vaccine, Equip<sup>TM</sup> F (Schering Plough Animal Health, batch number A582A2) containing inactivated antigens from A/eq/Newmarket/77, A/eq/Borlänge/91 and A/eq/Kentucky/98.

### 2.2. Animals

Nineteen Welsh Mountain ponies aged between 1–2 years were used on the study. They were kept in accordance with the animal care guidelines of the Animal Health Trust Ethical Review Committee and under a home office project licence. Ponies were identified by a microchip in the neck. The sera of the 15 unvaccinated animals were tested by haemagglutination inhibition (HI) assay [5] and were seronegative for EIV at the start of the study. The four ponies previously infected with A/eq/South Africa/4/03 (18 months prior to the current study) were seronegative prior to the initial challenge. During the vaccination phase, ponies were kept together at grass. During the challenge phase, ponies were housed in the Allen Centre for Vaccine Studies (ACVS), an ACDP (Advisory Committee on Dangerous Pathogens) category 3 containment facility.

### 2.3. Challenge virus

Equine influenza virus strain A/eq/Sydney/2888-8/07 (Passage 4 in eggs) was passaged once in ovo to provide the challenge stock (Passage 5). EIV suspensions were titrated in embryonated hen's eggs using the method of Reed and Muench and expressed in 50% egg infectious doses per mL (EID<sub>50</sub>/mL).

### 2.4. Vaccination protocol

The 15 naïve ponies were randomly assigned to three groups of 5. Control ponies (Group 1) were

<sup>3</sup> Callinan I., Equine Influenza: The August 2007 outbreak in Australia, Commonwealth of Australia, 2008, [www.equineinfluenzainquiry.gov.au](http://www.equineinfluenzainquiry.gov.au).

not vaccinated. Five ponies (Group 2) received two doses of ProteqFlu™ and five ponies (Group 3) received two doses of Equip™ F, both 5 weeks apart and by deep intramuscular injection into the neck. Group 4 contained 4 ponies experimentally infected with A/eq/South Africa/4/03 18 months prior to the current study. These ponies were not vaccinated. All ponies were clinically examined daily from the day before and up to 3 days after each vaccination step. Rectal temperatures between 37.0 °C and 38.8 °C were considered within the normal range.

### 2.5. Challenge protocol

Ponies were challenged on day 49, 2 weeks post V2. Each group of ponies was exposed to an aerosol of approximately 20 mL of allantoic fluid diluted in PBS containing  $10^{7.7}$  EID<sub>50</sub> of A/eq/Sydney/2888-8/07 virus (after back titration in eggs) using a model ULTRA 2000 nebuliser (DeVilbiss, Somerset, PA, USA). Air handling within the ACDP category 3 containment facility was reduced for the duration of the challenge protocol (60 min). Each pony was examined clinically from 1 day before challenge through to 14 days post-challenge, then released to pasture following full recovery. Clinical signs of disease (nasal discharge, cough, inappetence, lethargy and dyspnoea) were recorded for each pony on each day resulting in an overall clinical score per day as described previously [10]. Ponies exhibiting signs consistent with the development of a secondary bacterial infection were treated with trimethoprim potentiated sulphonamide antibiotic (Trimediazine; Fort Dodge Animal Health, Southampton, UK) according to the data sheet recommended dose.

### 2.6. Serology

Jugular venous blood samples were collected from each pony on days -7, 0 (immediately before V1), 14, 28, 35 (immediately before V2), 42, 49 (immediately before challenge), 56, 63 and 77. Serum was tested for the presence of antibody to EIV challenge strains (A/eq/South Africa/4/03 and A/eq/Sydney/2888-8/07) and to representatives of vaccine strains (A/eq/Newmarket/1/93 and A/eq/Newmarket/2/93) using the SRH assay [35]. SRH antibody levels were expressed as the area of the zone of haemolysis in mm<sup>2</sup> and were measured in duplicate. Seroconversion was expressed as an increase in the haemolysis zone of 25 mm<sup>2</sup> or 50% between pre- and post-infection sera.

### 2.7. Virus detection

Nasopharyngeal swabs were taken from each pony on the day of V1, the day before challenge, the day after challenge and for each subsequent day until 2 weeks post-challenge [24]. Swabs were placed in sterile tubes containing 5 mL virus transport medium (VTM) consisting of PBS, 200 U/mL streptomycin, 150 U penicillin, 5 mg/mL fungizone (Gibco) and 600 mg/mL tryptone phosphate broth. All subsequent work was carried out within a class 2 microbiological safety cabinet (SCR-327, Labcaire Systems Ltd, Avon, UK) using sterile instruments for each swab. Swabs were wrung out and the resultant extract was stored at -70 °C. Suspensions were diluted 10-fold from neat to  $10^{-4}$  and 100 µL from each dilution was inoculated into the allantoic cavities of 10 day old embryonated hens' eggs (two eggs per dilution). Eggs were incubated at 34 °C and harvested 3 days post-infection. Virus was detected by HA assay using 1% chicken erythrocytes in PBS and viral titre was expressed as EID<sub>50</sub>/mL swab extract. Extracts were also tested for the presence of virus using the NP-ELISA as previously described [3]. The cut-off point for positive samples for the NP-ELISA was set at twofold background. Quantitative RT-PCR reactions were set up within HEPA filtered laminar flow hoods (PCR6, Labcaire Systems Ltd) and was carried out using a Techne Quantica®. Viral RNA was isolated from 140 µL nasopharyngeal swab extract using the QIAampViral RNA mini kit (Qiagen) according to the manufacturer's instructions and eluted in 50 µL. RNA standards were included alongside the nasopharyngeal swab extracts. Primers and a fluorescent probe incorporating 8 locked nucleic acids (Proligo) targeting segment 5 (NP) were designed using the Beacon Designer 6.0 program (Biosoft) and were as follows: NP forward primer 5'-TTCTGGAGAGGTGAAAATGG-3', NP reverse primer 5'-CATAAACACAGGCAGGTAGG-3', NP probe 5'-(6FAM)-ACCAGAATTGCTTATGAAAG AATG-(BHQ1)-3'. The quantitative RT-PCR reaction was conducted using a Quantace 1 step kit (Cat no. QT 205-02) consisting of 1× SensiMix one step buffer, 250 nM forward and reverse primer, 165 nM probe, 3.8 mM MgCl<sub>2</sub>, 4U RNase Inhibitor, and 2 µL of extracted RNA solution per reaction. The program used consisted of an RT step of 42 °C for 30 min, a hot start activation step of 95 °C for 10 min followed by 45 cycles of 95 °C for 15 s, 60 °C for 1 min and 72 °C for 30 s. Each sample was tested in duplicate wells. Data was analysed using the Techne Quansoft program version 1.1.21. A cut-off value of 100 copies from 5.6 µL

of swab extract was used for determining positive samples.

## 2.8. Statistical analysis

This study tested the null hypotheses that the severity of clinical signs and amount of viral shedding were not different between groups of vaccinated and non-vaccinated ponies. Statistically significant differences in the different parameters measured (serological responses, clinical scores, and total and peak levels of virus shedding) between groups of vaccinated and non-vaccinated animals were evaluated using either the parametric one-way analysis of variance (ANOVA) or non-parametric Kruskal Wallis test, depending on whether the data were normally distributed and had equal variances. Stata 9 software (StataCorp, College Station, Texas, USA) was used for analyses and the level of statistical significance was set at  $p \leq 0.05$ .

## 3. RESULTS

### 3.1. Antibody responses to vaccination or previous infection

Antibody levels were tested by SRH assay against 4 different antigens: 2 representatives of vaccine strains (i.e. A/eq/Newmarket/1/93 and A/eq/Newmarket/2/93) and 2 challenge strains (A/eq/South Africa/4/03 and A/eq/Sydney/07). None of the 15 naïve ponies had detectable EIV-specific HI antibodies at the beginning of the study (data not shown). The mean serum SRH antibody responses following V1, V2 and challenge infection with A/eq/Sydney/2888-8/07 for each of the four groups are reported in [Table 1](#). All 5 control ponies (Group I) had undetectable EIV-specific SRH antibody levels throughout the vaccination phase. They all seroconverted to EIV when measured by SRH assay against A/eq/South Africa/4/03, A/eq/Sydney/2888-8/07, A/eq/Newmarket/2/93 and A/eq/Newmarket/1/93 after experimental infection ([Tab. 1](#)). After 2 weeks post V1, the vaccinated ponies in Group 2 (ProteqFlu™) had mean antibody levels of between 75 and 142 mm<sup>2</sup> and ponies in Group 3 (Equip™ F) had mean zone areas of between 17 and 145 mm<sup>2</sup> when using A/eq/South Africa/4/03 as the antigen. At 2 weeks

post V2, on the day of challenge, antibody levels were measured against the vaccine components or related viruses antigenically as close as possible to the vaccine strains [2]. Antibody levels were between 118 mm<sup>2</sup> and 167 mm<sup>2</sup> (mean value of 146 mm<sup>2</sup>) for Group 2 (ProteqFlu™) and between 93 mm<sup>2</sup> and 209 mm<sup>2</sup> (mean value of 133 mm<sup>2</sup>) for Group 3 (Equip™ F) when tested against A/eq/Sydney/2888-8/07, the challenge strain. SRH antibody levels of between 116 and 186 mm<sup>2</sup> (mean value of 146.6 mm<sup>2</sup>) in Group 2 (ProteqFlu™) and between 97 and 209 mm<sup>2</sup> (mean value of 154 mm<sup>2</sup>) zone areas in Group 3 (Equip™ F) using A/eq/South Africa/4/03 as the antigen that is genetically closely related to A/eq/Sydney/2888-8/07. Similar antibody levels of between 132 mm<sup>2</sup> and 177 mm<sup>2</sup> (mean value of 150 mm<sup>2</sup>) for Group 2 (ProteqFlu™) and between 81 mm<sup>2</sup> and 189 mm<sup>2</sup> (mean value of 128 mm<sup>2</sup>) for Group 3 (Equip™ F) were obtained when using A/eq/Newmarket/1/93 as the antigen in the SRH assay that was closely related to a component of ProteqFlu™ and closely related to A/eq/Borlange/91 in Equip F. At 2 weeks post-challenge, the 5 ponies in Group 2 seroconverted after challenge infection when tested by SRH against A/eq/Sydney/2888-8/07 and A/eq/Newmarket/2/93 but only 3 seroconverted when tested against A/eq/South Africa/4/03 and A/eq/Newmarket/1/93. Against A/eq/South Africa/4/03 these three ponies had the lowest mean SRH antibody levels before challenge of between 116 and 170 mm<sup>2</sup>, while the resistant ponies had levels of 174 and 186 mm<sup>2</sup>. At 2 weeks post-challenge, 4 of the 5 ponies in Group 3 seroconverted when comparing pre- and post-challenge sera against A/eq/South Africa/4/03 and A/eq/Sydney/2888-8/07 antigens in the SRH assay. These four ponies had the lowest mean pre-challenge SRH antibody levels of between 97 and 167 mm<sup>2</sup> while the resistant pony (#3689) had an SRH antibody level of 209 mm<sup>2</sup> against both antigens ([Tab. 1](#)). When tested against A/eq/South Africa/4/03 and A/eq/Newmarket/1/93, 4 and 2 of the ponies seroconverted respectively. SRH assays on sera from the previously infected ponies detected the presence of antibodies with a mean clearance zone pre-challenge

**Table I.** Humoral response to vaccination as measured by the single radial haemolysis (SRH) assay (mm<sup>2</sup>) with A/eq/South Africa/4/03 (SA/4/03), A/eq/Newmarket/2/93 (N/2/93), A/eq/Newmarket/1/93 (N/1/93) and A/eq/Sydney/2888-8/07 (SY/07) used as antigens. Post-infection seroconversions are indicated in italic text and were taken as an increase in the haemolysis zone of 25 mm<sup>2</sup> or 50% between pre- and post-infection sera.

Time point	V1	V1 + 14d	V1 + 28d	V2 + 14d	V2 + 14d	V2 + 14d	V2 + 14d	C + 14d	C + 14d	C + 14d	C + 14d
SRH antigen	SA/4/03	SA/4/03	SA/4/03	SA/4/03	N/2/93	SY/07	N/1/93	SA/4/03	N/2/93	SY/07	N/1/93
<b>Group 1 – Controls</b>											
#1992	0	0	0	0	0	0	0	<i>138.1</i>	<i>107.9</i>	<i>174.3</i>	<i>115.6</i>
#2234	0	0	0	0	0	0	0	<i>204.1</i>	<i>188.9</i>	<i>236.1</i>	<i>138.1</i>
#3241	0	0	0	0	0	0	0	<i>142.4</i>	<i>98.6</i>	<i>169.6</i>	<i>84.5</i>
#3791	0	0	0	0	0	0	0	<i>179.1</i>	<i>184</i>	<i>244.5</i>	<i>184</i>
#5654	0	0	0	0	0	0	0	<i>142.4</i>	<i>133.9</i>	<i>164.9</i>	<i>123.6</i>
<b>Group 2 – ProteqFlu</b>											
#2217	0	115.6	136	115.6	59.4	117.6	136	<i>225.1</i>	<i>188.9</i>	<i>214.5</i>	<i>174.3</i>
#2666	0	74.6	109.8	169.6	107.9	144.6	151.6	<i>230.6</i>	<i>204.1</i>	<i>219.8</i>	<i>176.7</i>
#3409	0	96.7	125.6	123.6	62.3	127.6	131.8	<i>253</i>	<i>236.1</i>	<i>303.8</i>	<i>198.9</i>
#3712	0	142.4	131.8	174.3	106	167.2	176.7	<i>146.8</i>	<i>162.6</i>	<i>193.9</i>	<i>160.3</i>
#5728	0	82.8	109.8	186.4	107.9	167.2	155.7	<i>179.1</i>	<i>164.9</i>	<i>196.4</i>	<i>131.8</i>
<b>Group 3 – EquipF</b>											
#3013	0	55.1	59.4	96.7	47	93.2	81.1	<i>179.1</i>	<i>184</i>	<i>206.6</i>	<i>107.9</i>
#3170	0	16.7	34.8	102.2	65.3	111.7	96.7	<i>193.9</i>	<i>184</i>	<i>209.2</i>	<i>162.6</i>
#3689	0	144.6	102.2	209.2	136	209.2	188.7	<i>160.3</i>	<i>169.6</i>	<i>174.3</i>	<i>123.6</i>
#3724	0	69.9	69.9	167.2	113.6	129.7	155.7	<i>230.6</i>	<i>184</i>	<i>230.6</i>	<i>115.6</i>
#6202	0	55.1	65.3	158	87.9	121.5	115.6	<i>198.9</i>	<i>164.9</i>	<i>198.9</i>	<i>133.9</i>
<b>Group 4 – Previously infected</b>											
#4818	0	24.1	40.7	23.1	0	25.1	11	<i>81.1</i>	<i>77.8</i>	<i>89.6</i>	<i>48.3</i>
#4900	0	21.1	0	17.6	0	23.1	15	<i>81.1</i>	<i>63.8</i>	<i>89.6</i>	<i>38.3</i>
#5146	93	73	76.2	81.1	35.9	63.8	51	<i>96.7</i>	<i>63.8</i>	<i>109.8</i>	<i>60.8</i>
#5875	0	0	0	0	0	0	0	<i>142.4</i>	<i>133.9</i>	<i>164.9</i>	<i>35.9</i>

of 81 mm<sup>2</sup> for pony #5146, the levels of which were steady over the entire protocol (Tab. 1). Antibodies were also detected by SRH for ponies #4818 and #4900 even though they were not vaccinated, albeit at relatively low levels of between 0 and 41 mm<sup>2</sup>. Three of the four previously infected ponies seroconverted after challenge infection when tested against A/eq/South Africa/4/03 (the initial challenge strain). All four ponies seroconverted when tested against others antigens, but to much lower levels than the unvaccinated control ponies. The exception was Pony #5875, which had no detectable antibody by SRH throughout the vaccination procedure, seroconverted to the highest level within the group to a mean antibody level of 142 mm<sup>2</sup> against A/eq/South Africa/4/03. Ponies #4818 and #4900 seroconverted but did not reach the same mean SRH antibody levels as pony #5875, both reaching a level < 90 mm<sup>2</sup>.

Mean SRH antibody levels obtained using the two Florida clade one viruses A/eq/South Africa/4/03 and A/eq/Sydney/2888-8/07 were not significantly different from each other ( $p = 0.23$ ; data not shown).

### 3.2. Clinical responses to infection

Four out of five control (Group 1) ponies developed pyrexia by day 2 post-infection with a mean temperature of  $39.7 \pm 1.1$  °C (Fig. 1). The pyrexia was biphasic in 3 out of 4 positive ponies as it dropped below the threshold for pyrexia on day 3 and 4 with a mean temperature of  $38.2 \pm 0.25$  °C and  $38.1 \pm 0.2$  °C for the group, respectively. On day 5 post-infection, a mean temperature of  $39.7 \pm 0.8$  °C was recorded for two of the previously pyretic ponies, lasting only one day. One control pony (#3791) became pyretic again on day 9 post-infection. Such elevation of body temperature late in the challenge phase was most likely associated with a secondary bacterial infection, which resolved quickly after treatment with antibiotics.

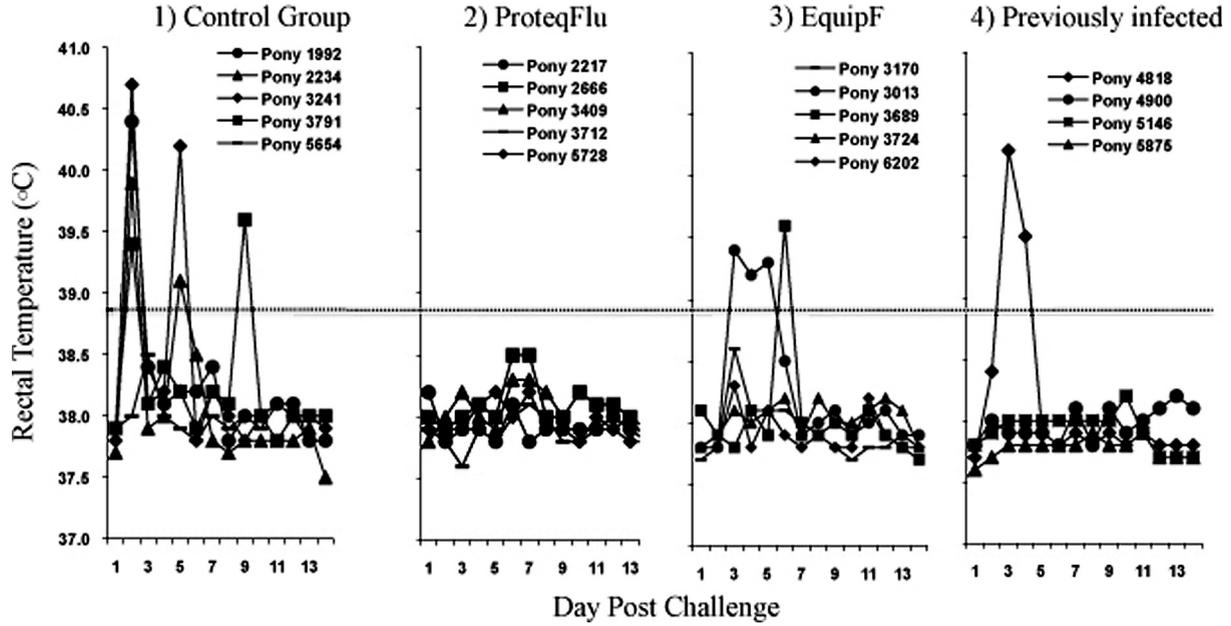
Group 2 ponies vaccinated with ProteqFlu™ did not develop pyrexia post-infection with a mean temperature of  $38.0 \pm 0.2$  °C for the group for the duration of the monitoring period (Fig. 1). One pony in Group 3 vaccinated with Equip™ F was pyretic on days 3, 4 and 5 with a mean tem-

perature of  $39.3 \pm 0.1$  °C before returning to baseline levels. Another pony in Group 3 was pyretic at day 6 post-infection for one day only with a temperature of 39.6 °C. None of the other ponies in Group 3 became pyretic over the monitoring period. One of the previously infected ponies in Group 4 became pyretic on day 3 post-infection which persisted for 2 days with a mean temperature of  $39.9 \pm 0.5$  °C. None of the other previously infected ponies developed pyrexia over the monitoring period.

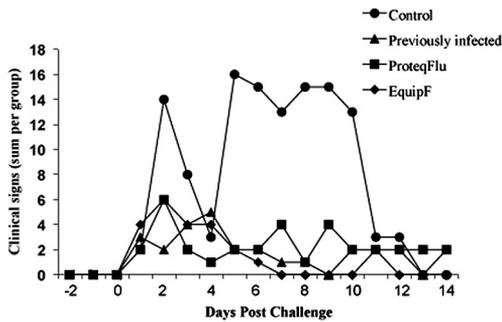
A clinical score was calculated per pony as referenced in Materials and Methods and is shown in Figure 2. The post-challenge clinical score was significantly reduced ( $p = 0.026$ ) in vaccinated and previously infected ponies (Groups 2, 3 and 4) when compared to the unvaccinated ponies (Group 1). Significant differences were also observed in levels of coughing ( $p = 0.0135$ ) and mucopurulent nasal discharge ( $p = 0.0139$ ) when compared to control ponies.

### 3.3. Virus shedding

All control ponies (Group 1) shed live virus for a minimum of three to a maximum of 7 days post-challenge with a peak virus titre in eggs of  $4.0 \log_{10} \text{EID}_{50}/\text{mL}$  recovered from one pony on day 3 (Figs. 3A and 3B). NP-ELISA positive data generally correlated well with isolation of live virus. Virus shedding appeared to be biphasic with lower NP-ELISA values collected on day 5 when compared to days 3, 4 and 6. Quantitative RT-PCR analysis mirrored the biphasic data observed in the NP-ELISA assay with peak copy numbers between  $2.5 \times 10^7/\text{mL}$  and  $4 \times 10^8/\text{mL}$  on day 3 and between  $2.9 \times 10^5/\text{mL}$  and  $2.1 \times 10^8/\text{mL}$  on day 6 post-infection. Viral RNA was detected on days 1 and 2, one day earlier than in the egg titration and 2 days earlier than the NP-ELISA for 4 of the 5 ponies. Pony #1992 was virus positive in eggs on day 1 which corresponded to approximately 900 copies/mL detected by quantitative RT-PCR. Furthermore, at days 8 to 10 the egg isolation and NP-ELISA assays were negative while viral RNA copies were still detected, albeit at lower levels than for earlier days post-infection. Up to approximately  $2 \times 10^4$  copies/mL were detected for



**Figure 1.** Rectal temperatures (°C) measured daily of the four groups of ponies after challenge with *A/eq/Sydney/2888-8/07*. Individual ponies labeled as legend.



**Figure 2.** Total clinical scores for the four groups of ponies for 14 days post-challenge with A/eq/Sydney/2888-8/07 as identified by the legend. Data includes rectal temperatures, nasal discharge, cough, inappetance, lethargy and dyspnoea.

ponies #1992, #2234, #3791 and #5654 and a minimum of  $2.5 \times 10^3$  copies/mL for pony #3241 on day 10. Three of the four ponies previously infected with A/eq/South Africa/4/03 shed virus as determined by egg titration (Figs. 3C and 3D), for 1 to 3 days with a peak titre of  $2.5 \log_{10}\text{EID}_{50}/\text{mL}$ . The data from the NP-ELISA suggests that there were low levels of protein present when compared to the other groups within the study, although relatively high titres were measured in eggs in the case of pony numbers #5146 and #5875. On day 6 the NP-ELISA was positive for one pony but no virus was detected in eggs suggesting viral components were present but in an inactive form. The quantitative RT-PCR data showed virus shedding for all four ponies for up to approximately 7 days post-infection with peaks obtained for ponies #5146 and #5875 on day 3 and 6 respectively. Interestingly, pony #4900 that tested negative for virus shedding by NP-ELISA and eggs on day 2, 3 and 4 was positive by quantitative RT-PCR with a peak titre of  $5.7 \times 10^4$  copies/mL.

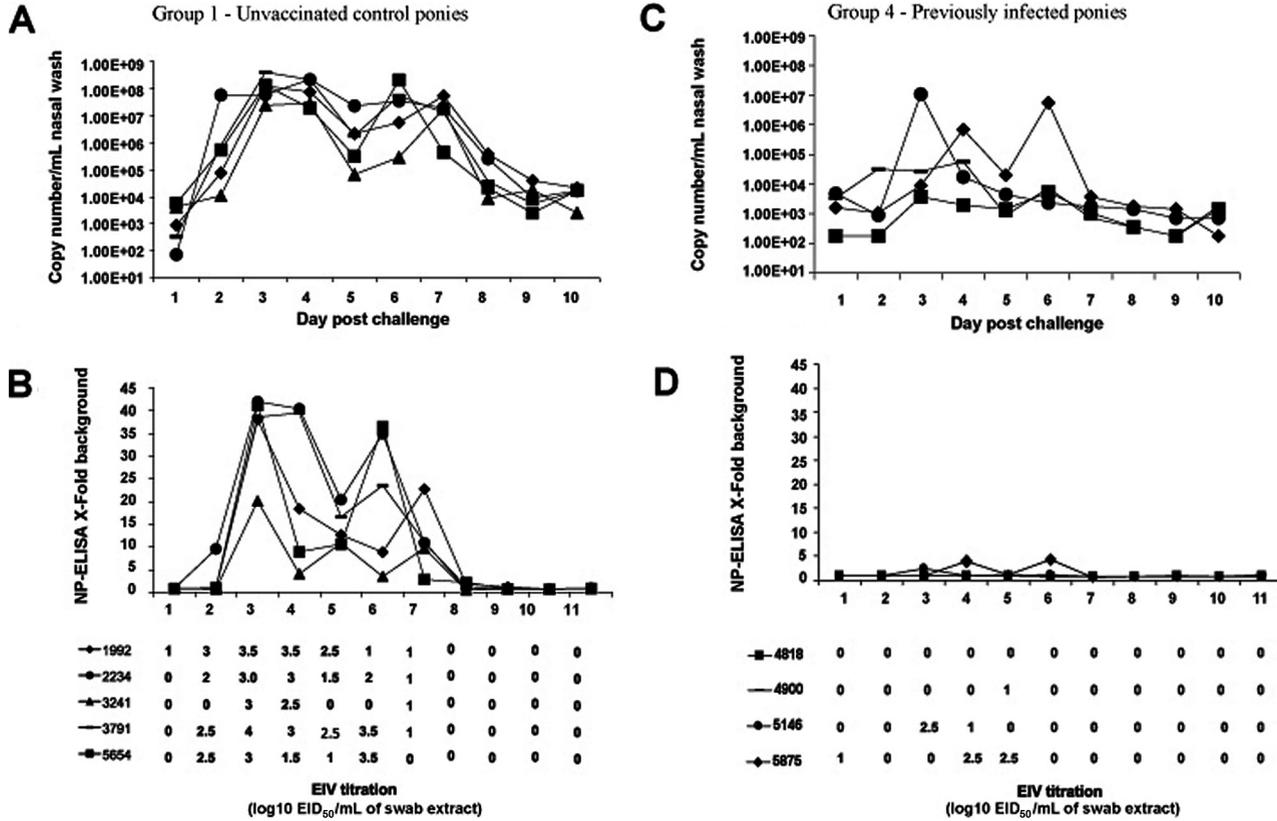
Four of the five ponies in Group 2 (ProteqFlu™) shed live virus for 1 to 2 days post-infection with two of the ponies secreting a peak titre of  $1.5 \log_{10}\text{EID}_{50}/\text{mL}$  on day 2 as determined by egg titration (Figs. 3G and 3H). EIV was detected one day earlier in eggs for two ponies when compared to the NP-ELISA assay. Quantitative RT-PCR detected viral RNA from the

five ponies for at least 7 days post-infection from days 1 or 2 to days 8 or 9 depending on the pony. The biphasic nature of virus shedding was evident for ponies #2217, #3409 and #5728. Absolute copy number values were reduced in ponies #3409, #3712 and #5728 when compared to controls. Furthermore, the NP-ELISA and quantitative RT-PCR detected virus in swab material that was unable to replicate in eggs on days 2 to 8. Two of the five ponies in Group 3 (Equip™ F) shed live virus over the monitoring period for 2 to 3 days, with a peak titre of  $3.0 \log_{10}\text{EID}_{50}/\text{mL}$  on day 4 post-infection for pony number #3013. The NP-ELISA detected protein at the same time points at which virus replicated in the embryonated eggs, namely days 2 and 3 but not on day 4 or day 6. The quantitative RT-PCR assay detected RNA copies for a minimum of 7 days post-infection for the five ponies (Figs. 3E and 3F). Ponies #3013 and #3170 had peak copy numbers of  $2.4 \times 10^8$  and  $3.7 \times 10^7$  copies/mL on day 2 respectively, which dropped rapidly until a second lower peak was recorded on day 6 post-infection with titres of  $2.2 \times 10^5$  and  $3.4 \times 10^5$  copies/mL. Furthermore, pony #6202 which tested negative by egg titration and NP-ELISA throughout the challenge period had slowly increasing copy numbers from day 3 post-infection peaking at  $3 \times 10^7$  copies/mL on day 6.

There were statistically significant differences between the total amount of virus and the peak virus shed between the control group (Group 1) and the vaccinated groups ( $p = 0.007$ ) or the previously infected group ( $p = 0.005$ ) as measured by egg titration.

#### 4. DISCUSSION

It is most likely that the 2007 Australian outbreak of EI was initiated by a subclinically infected imported horse that had responded poorly to vaccination<sup>3</sup>. The A/eq/Sydney/2888-8/07 strain classified as a member of the Florida sublineage clade 1 was very similar to viruses isolated from the 2007 EIV outbreak in Japan where numerous cases of vaccine breakdown were reported<sup>3</sup> [14, 36]. Furthermore, the Japanese vaccines used in 2007



**Figure 3.** Quantification of virus shedding. Nasopharyngeal swabs were taken from each pony daily and virus was measured by quantitative PCR, NP-ELISA and egg titration. Individual ponies are identified by number and symbol as indicated within Group 1 (A, B), Group 2 (G, H), Group 3 (E, F) and Group 4 (C, D).

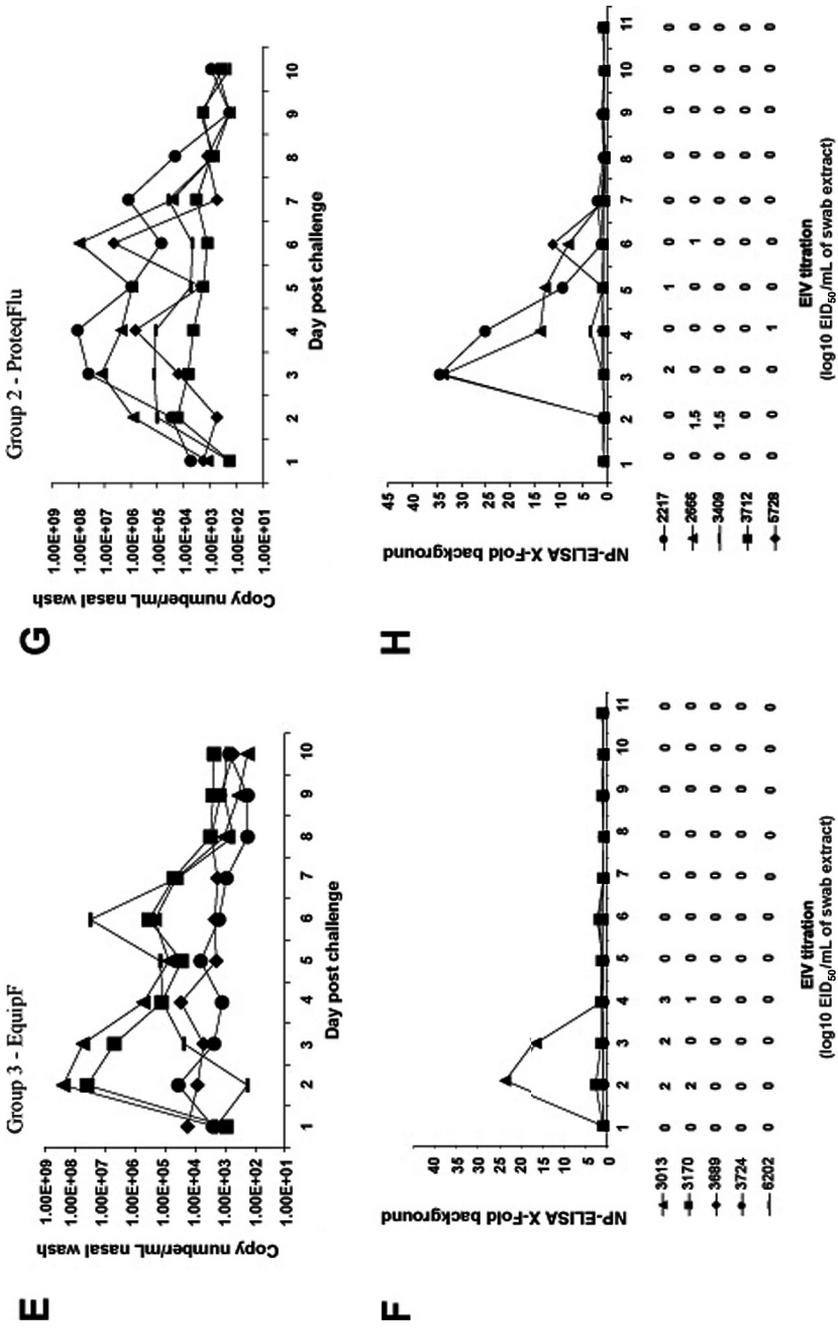


Figure 3. Continued.

contained similar EIV strains to vaccines commercialised in the UK in 2003. Analysis of the EIV outbreak in Newmarket in 2003 demonstrated that protection induced by those vaccines was sub-optimal [1]. These data raised concerns about the efficacy of vaccines available in Europe against these more recent strains in the absence of any updated vaccines on the market [1]. This study was supported by the Horserace Betting Levy Board and designed to test the efficacy of two EIV vaccines commercially available in the UK at the time of the Japanese and Australian outbreaks, against infection with A/eq/Sydney/2888-8/07 strain. It offered a better understanding of the options available to the equine industry in order to control or limit the spread of a similar EIV strain if it came to circulate in Europe, in the absence of updated EI vaccines.

In a Welsh Mountain pony model both Equip™ F (Schering Plough) and ProteqFlu™ (Merial) were partially protective when challenged with A/eq/Sydney/2888-8/07, resulting in significantly reduced clinical signs of disease and virus shedding as measured in eggs and by quantitative RT-PCR when compared to unvaccinated ponies. This protection was achieved with 2 doses of vaccine administered 5 weeks apart as seen in previous efficacy studies with related EIV strains [10, 27, 29]. However, neither vaccine completely prevented virus shedding, despite the challenge taking place under optimal conditions with high antibody levels. This sub-optimal performance could be associated with the differences between vaccine and challenge strains. The vaccines used in this study contained A/eq/Kentucky/1/93 or A/eq/Kentucky/98 HA, both American lineage viruses with 10 and 13 amino acid substitutions in HA1, respectively when compared to A/eq/South Africa/4/03 (the recommended vaccine strain) and 12 and 15 amino acid substitutions when compared with A/eq/Sydney/2888-8/07. Antibody levels as measured by SRH ranged from about 96 to 209 mm<sup>2</sup> for Equip™ F and about 115 to 186 mm<sup>2</sup> for ProteqFlu™ at 2 weeks post V2 using A/eq/South Africa/4/03 as the antigen. The SRH values raised against A/eq/Sydney/2888-8/07 in the assay ranged from 93 to 209 mm<sup>2</sup> for Equip™ F and 117 to 168 mm<sup>2</sup>

for ProteqFlu™. These SRH values are broadly similar for both antigens reflecting their close antigenic relationship (only 2 amino acids substitutions in HA1) and them both being members of the Florida sublineage clade 1<sup>3</sup> [2]. Interestingly, the SRH values obtained when using A/eq/Newmarket/1/93 antigen on sera from V2 + 2 weeks (pre-challenge) were also broadly similar to those seen with A/eq/Sydney/2888-8/07 and A/eq/South Africa/4/03 suggesting the antibody response was crossreactive in this assay. Pre-challenge SRH antibody levels against A/eq/Newmarket/2/93 for both vaccines were lower than those seen with those raised against the Florida sublineage viruses however after challenge all SRH antibody levels against A/eq/Newmarket/2/93 showed clear seroconversions to levels similar to the other antigens. The critical value for clinical protection was previously determined as 100 mm<sup>2</sup> against the challenge virus, and levels of 150 mm<sup>2</sup> and greater were shown to protect from virus shedding when using conventional inactivated vaccines [22]. These values were reduced to 90 mm<sup>2</sup> and > 120 mm<sup>2</sup> respectively, when using ISCOM vaccines with a lower heterologous challenge dose of 10<sup>6</sup> EID<sub>50</sub>/mL of A/eq/Newmarket/79 [23]. Based on these data, it would appear unlikely that one dose alone of either vaccine would induce antibody levels high enough in naïve ponies to protect against virus infection post V1 alone in a heterologous challenge, the most likely scenario in an outbreak situation. This suggests it may be necessary for horse populations to undergo a complete vaccination schedule to ensure efficacy in a naïve population. In this study ponies with mean SRH antibody levels of as high as 167 and 169 mm<sup>2</sup> on the day of challenge after prime/boost immunisation with either vaccine did seroconvert after experimental infection with A/eq/Sydney/2888-8/07. This result indicated that neither vaccine provided sterile immunity against the Australian outbreak isolate, despite being tested under optimal conditions that are likely to provide a high level of protection.

In the field it is unlikely that all vaccinated animals would respond to the same level as seen here, and horses are likely to be at different

points through their vaccination schedules when they encounter EIV. Antigenic drift in equine H3N8 viruses further reduces the efficacy of vaccines and can lead to these viruses not being recognised by pre-existing antibodies generated by infection or vaccination with an antigenically distant strain. Previous studies with non-adjuvanted inactivated virus vaccines have been able to identify differences between the level of protection provided against homologous and heterologous challenge [6, 7, 37]. For this reason the OIE has recommended for several years that EIV vaccines be updated to include a Eurasian lineage strain (e.g. A/eq/Newmarket/2/93) and a Florida sublineage clade 1 virus (e.g. A/eq/South Africa/4/03)<sup>1</sup>. At the time of this experiment, no vaccine was available in the UK that met these requirements. The authors fully support the OIE recommendation and note that vaccines containing these updated strains are now available. As of 2009, the OIE has dropped the recommendation for a Eurasian lineage strain to be included in EIV vaccines as they are no longer circulating in the field<sup>4</sup>. In the Newmarket EIV outbreak in 2003 there were numerous reports of vaccine breakdown although the vaccines themselves were inducing high antibody levels that would normally considered to be protective [25]. Vaccines employed in Newmarket in 2003 contained A/eq/Newmarket/1/93 with aluminium hydroxide adjuvant. Later work has suggested that protective immunity conveyed by these vaccines was sub-optimal compared to other vaccines preparations [1] but whether this was the case in Japan or not has not been determined.

The vaccines tested in this report have been shown to generate an EIV-specific IFN $\gamma$  response, which is a marker of cell-mediated immunity in the horse [27–29]. In man, it is thought that cellular immune mechanisms play an important role in clearance of virus from the respiratory tract [18]. Infection with EIV has been shown to induce long-term immunity

independent of circulating antibodies against HA [11]. Of the previously infected ponies studied in this report, 3 of the 4 had detectable SRH antibody levels 18 months post-infection with only one above 75 mm<sup>2</sup>. Antibody levels after natural EI infection usually wane rapidly. The antibody response was monitored regularly in this group of ponies after the initial experimental infection with A/eq/South Africa/4/03. SRH antibodies were still detectable 12 months after the initial EIV infection (between 22 to 75 mm<sup>2</sup>; data not shown), which was consistent with the data presented in this report. Kinetics of the antibody response shown a slow decrease instead challenge infection, without evidence of anamnestic response (data not shown). No evidence of field EI infection (clinical signs or serology) were recorded on the premise where these four ponies and other EIV naïve ponies were kept during the 18 months separating the 2 experimental infection with EIV (A/eq/South Africa/4/03 and A/eq/Sydney/2888-8/07, respectively). This pony did not seroconvert after challenge infection but it did shed virus on days 3 and 4, suggesting that it was productively infected with virus. During the vaccination phase, two of the other previously infected ponies (Group 4) developed low but detectable levels of antibody, specific for EIV despite not being vaccinated.

After challenge infection with A/eq/Sydney/2888-8/07, the level of SRH antibody was significantly lower than in other groups ( $p < 0.01$ ), with only 3 out of 4 ponies seroconverting. All previously infected ponies in Group 4 showed significantly reduced clinical signs of disease and virus shedding when compared with control ponies. This result confirms the previous observations that horses that have previously been in contact with EIV develop an EIV-specific memory response that is rapidly stimulated and able to provide significant protection, despite absent or low levels of antibody at the time of infection. Both B and T cell memory responses are expected to be quickly stimulated by re-infection with EIV, their respective importance and role in protection is still unclear.

Three different methods were used for quantifying the amount of virus shed and collected by nasopharyngeal swabbing. To date most

<sup>4</sup> Expert surveillance panel on equine influenza vaccine composition – Conclusions and recommendations, 2009, pp. 42–43. <http://www.oie.int/eng/publicat/BULLETIN%20PDF/Bull%202009-2-ENG.pdf>.

vaccine efficacy and challenge studies have been conducted using egg titration as the method of choice, with the obvious advantage of detecting only infectious virus [8, 10, 19, 29]. However, this study has shown that quantitative RT-PCR was more sensitive than both virus isolation in eggs and NP-ELISA, detecting viral RNA earlier and for longer than the other methods even in ponies showing no clinical signs of EIV infection. The quantitative RT-PCR protocol was able to detect less than 10 RNA copies when using in vitro transcribed RNA template. A limitation of the egg titration protocol used was that it relies on just one egg passage at 4 different virus dilutions from neat to  $10^{-4}$  and detection by HA assay that itself is not very sensitive. Virus isolation from nasopharyngeal swabs taken from horses in the field can take up to 5 egg passages before an HA positive egg is obtained [2]. This may account for some of the negative results obtained in eggs when compared to NP-ELISA or quantitative RT-PCR. Another alternative explanation for this result may be that the virus particles present in the nasal secretions may be rendered non-infectious by the binding of secreted antibody, particularly in vaccinated ponies with high antibody levels.

In conclusion the results obtained in this study suggested that both vaccines should provide a reasonable level of clinical protection for UK horses if a strain of EIV similar to that occurring in Australia or Japan were to become established in this country. Since they reduced the level and duration of virus shedding, the current vaccines should also help reduce the spread of the disease, particularly if used in the face of an outbreak where high herd immunity can be induced at a local level in the short term before updated vaccines became available. We fully endorse the recommendations of the OIE Expert Surveillance Panel who continue to recommend that current vaccines be updated to a more recent virus (A/eq/Ohio/03 or A/eq/South Africa/4/03)<sup>4</sup>. We strongly believe that inclusion of such a strain in vaccines would further improve prevention and control of EIV outbreaks.

*Acknowledgements.* We would like to thank the yard staff at the AHT for their care of the ponies and V. Hawkes (Prologo) for help in primer and probe design.

The work was funded by the Horse Race Betting Levy Board (HBLB). N.S. Lewis was supported by the Cambridge Infectious Diseases Consortium as part of the DEFRA Veterinary Training and Research Initiative.

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