Presence of *Escherichia coli* carrying the EAST1 toxin gene in farm animals

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Abstract – Enteroaggregative *Escherichia coli* (EAEC) heat-stable toxin 1 (EAST1) is a small toxin of proteic nature. The reference strain producing this toxin was originally detected in the stools of a diarrheic Chilean child. Today, we know that EAST1 is not solely associated with EAEC but also with many other diarrheic *E. coli* families. Some studies have established the role of EAST1 in human outbreaks of diarrhea. In addition, isolates from farm animals were shown, more recently, to carry the *astA* gene coding for EAST1. However, the relation between the presence of EAST1 and disease is not conclusive. In this article, the current state of the knowledge on the presence and probable role of EAST1 in farm animal diseases is reviewed and discussed.

*Escherichia coli* / EAST1 toxin / farm animals / diarrhea / edema disease

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1. INTRODUCTION

The family of diarrheagenic *Escherichia coli* encompass various members including enterohemorrhagic *E. coli* (EHEC), enteropathogenic *E. coli* (EPEC), enteroinvasive

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41]. Each pathotype has various virulence factors that allow them to induce clinical symptoms with specific epidemiological and pathological characteristics [10, 33].

EAEC are *E. coli* strains that adhere in vitro to human epithelial cells (HEp-2) in a typical stacked brick pattern. EAEC strains do not produce heat-labile (LT) or heat-stable (ST) toxins [20]. EAEC were rapidly recognized as forming an important enteric pathogen group. They are responsible for diarrhea in travelers, children in the developing world and in HIV-infected patients [18]. Many EAEC outbreaks have occurred in developed and industrialized countries [18]. In some regions of the developing world, EAEC are the second most common cause of traveler’s diarrhea only surpassed by ETEC. They are responsible for diarrhea in travelers, children in the developing world and in HIV-infected patients [18]. Many EAEC outbreaks have occurred in developed and industrialized countries [18]. In some regions of the developing world, EAEC are the second most common cause of traveler’s diarrhea only surpassed by ETEC.EAEC were rapidly recognized as forming an important enteric pathogen group. They are responsible for diarrhea in travelers, children in the developing world and in HIV-infected patients [18]. Many EAEC outbreaks have occurred in developed and industrialized countries [18]. In some regions of the developing world, EAEC are the second most common cause of traveler’s diarrhea only surpassed by ETEC. They are responsible for diarrhea in travelers, children in the developing world and in HIV-infected patients [18]. Many EAEC outbreaks have occurred in developed and industrialized countries [18]. In some regions of the developing world, EAEC are the second most common cause of traveler’s diarrhea only surpassed by ETEC.

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EAST1 toxin in farm animals

3. EAST1 TOXIN

EAST1 is a 38 amino acid peptide with a calculated molecular weight of 4.1 kDa and a pI of 9.25 (Tab. I). Unlike STa, a classic signal peptide was not observed in the N-terminus of the predicted EAST1 sequence. Most information on this toxin was acquired through the use of culture filtrates or by direct use of EAST1-producing strains since EAST1 was purified only recently [24]. Culture filtrates from EAEC strain 17-2, heated at 65 °C for 15 min, has demonstrated partial heat stability. Among the 38 amino acids composing EAST1, there are four cysteines at positions 17, 20, 24, and 27, which have been shown recently to form two disulfide bridges [24]. Indirect evidence of the importance for biological activity of the disulfide bridges formed between cysteines 17 and 27 was obtained when cysteine 17 was replaced by an alanine: it resulted in inactivation of EAST1 [23]. A synthetic peptide composed of residues 8 to 29 of EAST1 induced a response in the Ussing chamber, indicating that the toxic domain was contained within this fragment [35].

EAST1 is often compared to STa, another *E. coli* heat-stable enterotoxin. Both are heat-stable toxins of low molecular weight (4.1 kDa for EAST1 and 2 kDa for STa) where disulfide bridges are present (2 bridges for EAST1 and 3 for STa). Considering the pI, EAST1 (pI = 9.25) and STa (pI = 3.98) are peptides with a quite dissimilar net charge. EAST1 shares 50% identity with the enteroxigenic domain of STa (amino acid 6 to 18) [35]. Furthermore, EAST1 and STa share cGMP as a second messenger in host intestinal epithelial cells [34]. The receptor for STa toxin is guanylate cyclase C and the amino acid sequence determined to bind to this molecule is NPAC (Tab. I). For EAST1, two amino acids (AC) are present and it is inferred that it may be responsible for binding to the same molecule. In the same in vitro model, EAST1 induced a response in approximately 30–40 min as also observed for STa using rabbit ileal tissue [24]. A synthetic peptide composed of residues 8 to 29 of EAST1 induced a response in the Ussing chamber, indicating that the toxic domain was contained within this fragment [35].

Savarino et al. [35]; 2 Yamamoto et al. [48]; 3 Aimoto et al. [1]; 4 Takao et al. [38].

Table I. Primary sequence comparison of heat-stable toxins elaborated by *E. coli*. The number of amino acids in the mature toxins is indicated in the second column. In bold is the sequence more or less conserved known to bind to guanylate cyclase C, the receptor for STa toxin. Underlined, the cysteine residues. The asterisk indicates the change in amino acids between EAST1 variants 17-2 and O-42.

<table>
<thead>
<tr>
<th>Toxin</th>
<th>Amino acids</th>
<th>Primary sequence</th>
</tr>
</thead>
<tbody>
<tr>
<td>EAST1 17-2</td>
<td>38</td>
<td>MPSTQYIRRQASITCTA*CACSHGRTTTPSLAT1</td>
</tr>
<tr>
<td>EAST1 O-42</td>
<td>38</td>
<td>MPSTQYIRRQASITCTA*CACSHGRTTTPSLAT2</td>
</tr>
<tr>
<td>STaH</td>
<td>19</td>
<td>NNSNYCCCLCNPACTG4</td>
</tr>
<tr>
<td>STaP</td>
<td>18</td>
<td>NTFYCCCLCNPACTG4</td>
</tr>
</tbody>
</table>

1 Savarino et al. [35]; 2 Yamamoto et al. [48]; 3 Aimoto et al. [1]; 4 Takao et al. [38].
4. EPIDEMIOLOGY OF EAST1 STRAINS

EAEC affects children as well as adults from both developing and developed countries. The largest reported outbreak of diarrhea due to EAEC in human beings occurred in Japan [19]. This episode involved 16 schools with 2697 children suffering from diarrhea after consuming contaminated lunches shown to contain an EAST1-producing E. coli strain. Another study conducted in Spain has, as well, clearly shown an association between EAST1-positive strains and diarrhea in children [42].

Aggregative adherence to the intestinal mucosa is the first step in the pathogenesis of EAEC. EAST1 is a toxin that is thought to play a role in the pathogenesis of this group of bacteria although not all EAEC causing diarrhea elaborate EAST1. Numerous studies with human or animal isolates indicated that EAST1 is not restricted to EAEC [23]. The EAST1 toxin gene was not associated with porcine E. coli strains until 1997 [46]. Then, the EAST1 toxin was reported in epidemiological studies involving swine and cattle suffering from diarrhea and/or edema disease [31]. In general, pathogenic E. coli, except EHEC, does not originate from animals but they spread it to humans by food and water contaminated with excrements. Concerning food animals, cattle are the major reservoir of EHEC [33].

4.1. EAST1 in swine

The pathogenesis of EAEC infection is not fully understood but characteristic histopathological lesions and multiple virulence factor candidates were described. One of the toxins elaborated by these strains is EAST1.

Choi et al. [7] screened 720 E. coli strains, isolated from preweaning diarrheic piglets, for the presence of the astA gene using the Polymerase Chain Reaction (PCR). They evaluated the association between the EAST1 gene and the following enterotoxins: STa, STb and LT. The authors found that 164 (22.7%) isolates carried the gene for EAST1. Moreover, 62/164 (37.8%) isolates had EAST1 as the only known virulence factor. Among the 164 EAST1-positive strains, 46% possessed the STa gene. The major pathotypes observed in this study were, in decreasing order: EAST1, EAST1/STa, EAST1/STa/STb, EAST1/STa/STb/STf5, EAST1/STa/STb/F4 and EAST1/STa/F4. The strong association between EAST1 and STa observed in this study may support the idea that genes encoding these enterotoxins are linked. In this study, the proportion of ETEC strains carrying the EAST1 gene was 63% (ETEC being strains carrying the gene for at least 1 fimbrial adhesin or enterotoxin). The results indicate that the gene encoding EAST1 is widely distributed among diarrheagenic E. coli isolated from preweaning piglets.

In another study, Choi et al. [8] screened 476 E. coli strains isolated from weaned pigs suffering from diarrhea and/or edema disease for the EAST1 gene using PCR. One hundred and forty nine (31.3%) isolates contained the EAST1 gene. Amongst these 149 EAST1-positive isolates, 66 (44.3%) carried only the EAST1 gene. Among the EAST1-positive strains 74/149 (49.7%) were ETEC (strains positive for at least one enterotoxin but without a fimbrial adhesion factor), or 53/149 (35.6%) (strains with a gene for enterotoxin(s) and fimbrial adhesion factor(s)) and 10.7% were shiga-like toxin producing (STEC) strains. Among the isolates known to carry genes for one or more toxins, 62 carried STa, 38 STb, 31 LT and 16 STx2e genes. The most common genotypes observed were in decreasing order: EAST1, EAST1/STa, EAST1/STa/STb/LT, EAST1/STa/STb and EAST1/STa/LT. This study points out the high prevalence of EAST1-positive strains in weaned pigs suffering from diarrhea and/or edema disease and the possible association between EAST1 and STa genes. Together, these studies indicated that EAST1-positive strains are associated with pre- and postweaning diarrhea as well as edema disease. However, these associations do not mean that...
EAST1 plays an actual role in all these clinical problems.

Frydendahl [11] showed that of 563 E. coli isolates associated with postweaning diarrhea and edema disease in pigs, 65.8% were EAST1-positive. All strains belonging to the O149 serogroup harbored EAST1, STb and LT genes. In this study, O149 was the only serogroup carrying the F4 fimbriae. A close association of astA with the F4 fimbrial marker was reported. Osek [31] analyzed 270 E. coli strains obtained from pigs with postweaning diarrhea, 46.4% of these isolates possessed astA as determined by PCR. All F4-positive E. coli strains from piglets with diarrhea were also EAST1-positive. F4 is a major adhesin of porcine ETEC and the association of the EAST1 coding gene with F4-positive ETEC strains from piglets with diarrhea suggests that EAST1 may be a virulence marker of pathogenic isolates for these animals. Furthermore, in porcine ETEC strains, the astA and F4 virulence genes are carried on separate plasmids [46]. The EAST1 gene sequence from pig E. coli isolates is identical to that of strain O-42 shown to be pathogenic for human volunteers [45]. Therefore, EAST1 expressed in pig isolates may play an active role in the pathogenesis of diarrhea. In fact, this study indicated that the EAST1 gene is widely distributed among E. coli strains isolated from piglets with postweaning diarrhea. The toxin is closely associated with F4-positive ETEC that mainly express LTI or LT1 and STb enterotoxins. The most common EAST1-positive serotype was O149:K91 and these strains were mostly LTI/STb. Noamani et al. [30] observed the astA gene and the K88ac (F4) antigen in 135 isolates from O149 ETEC strains isolated from pigs with postweaning diarrhea. Nucleotide sequences upstream of astA from porcine and bovine ETEC strains are identical, but differ from human ETEC, DAEC and EAEC [45]. A certain consensus among flanking sequences of E. coli human strains exist for astA [21, 47]. Nevertheless, a study by Yamamoto and Nakazawa [46] indicated heterogeneity in the DNA sequences between E. coli isolated from humans and those from animals.

As part of a study on the prevalence of AIDA-I (adhesion involved in diffuse adherence) among pigs with postweaning diarrhea or edema disease, Ha et al. [15], observed that of the 45 AIDA-I-positive isolates, only 5 possessed the EAST1 gene. Ngeleka [27] identified two new E. coli pathotypes: AIDA-I/STb/EAST1 and AIDA-I/STb. In another study, 170 E. coli strains from diarrheic piglets and 120 strains isolated from non-diarrheic piglets were studied to identify E. coli that have the potential to cause diarrhea in pigs [28]. The main pathotype identified from diseased animals was EAST1 (13.5%) and from healthy animals 10.8% of the isolates were EAST1-positive. Experimentally infected piglets with one EAST1-positive strain indicated that the selected isolate attached to epithelial cells, less than the isolates with the AIDA-I pathotype, but failed to induce diarrhea. In that study, the authors concluded that the EAST1 pathotype alone is not able to induce diarrhea when given to the piglet, and so, it should not be considered as an important marker for pathogenic E. coli isolated from a piglet suffering from diarrhea [28]. Interestingly, the AIDA-I/STb/EAST1 and AIDA-I/STb pathotypes were isolated only from diarrheic piglets and accounted for 4.7% of the isolates. The strains of these pathotypes induced diarrhea when inoculated in newborn colostrum-deprived pigs in contrast to isolates positive only for EAST1 that did not induce diarrhea, suggesting a synergistic action between these virulence factors.

In another study on the prevalence of AIDA-I, Ha et al. [16] also observed a positive association between AIDA-I and EAST1. They screened 1002 E. coli isolates from pre-weaned pigs with diarrhea in Korea and tested for the presence of the EAST1 gene in AIDA-I-positive strains. Among the 23 AIDA-I-positive strains, 17 (73.9%) were also EAST1-positive. In
addition, AIDA/EAST1 strains also possessed STa and/or STb genes suggesting a relation between these virulence traits.

Vu-Khac et al. [44] analyzed 92 isolates from 14 to 28 day-old piglets that died of diarrhea. The astA gene was detected in 49 (53.3%) of the isolates, 35 of which carried genes for enterotoxins and/or fimbriae. The major genotypes observed were F4/STb/EAST1, F18/STa/STb/EAST1, F6/STa/STb/EAST1 and F18/STb/EAST1. Besides F4, the fimbrial antigen F18 is one of the most important fimbriae associated with pig postweaning diarrhea and/or edema disease. This study indicated that 10 out of 92 strains carried the gene for F18. Moreover, 37.7% of the 220 E. coli strains from 1 to 14-day-old piglets with diarrhea possessed the F4 gene and all F4-positive strains were astA-positive. This is in accordance with the studies of Noamani et al. [30] and Osek [31] that detected the astA gene in 100% of Canadian and Polish F4 strains, respectively.

A total of 34/37 STb-positive strains (either alone or in combination with other toxins) was also positive for EAST1. The importance of this toxin association may have an echo in the study of Berberov et al. [4] who recently demonstrated the concurrent expression of LT, STb and EAST1. This study clearly established, using an isogenic strain, that following inactivation of LT toxin production (by deletion), the development of less severe dehydrating diarrhea was observed. However, EAST1 and STb toxins together were responsible for water and electrolyte losses similar to those caused by LT. This study demonstrated that the effects of the three toxins studied were important and additive.

Recently, a study by Batisson et al. [3] has identified and characterized a new factor involved in the adhesion mechanism of attaching and effacing in E. coli in swine. The gene was coined paa for porcine attaching and effacing-associated gene. Sequence analysis of paa revealed an ORF of 753 bp encoding a 27.6 kDa protein with 100, 52 and 49% homology with Paa of enterohemorrhagic E. coli O157:H7 strains (EDL933 and Sakai), PEB3 of Campylobacter jejuni and AcfC of Vibrio cholerae, respectively. The presence of paa and eae (a gene encoding intimin, an outer membrane protein involved in intimate attachment to host cells) sequences in the porcine O45 strains was highly correlated with the attaching and effacing phenotypes. The observation of three eae-positive but paa-negative porcine EPEC (PEPEC) O45 strains that were attaching and effacing-negative in pig ileal explant culture [51] provided further evidence for the importance of the paa gene in the attaching and effacing activity of O45 strains. The complementation of the paa mutant when performed, as expected, restored the attaching and effacing function confirming the involvement of Paa in PEPEC pathogenicity. The Paa protein is located on the surface of bacterial cells and chicken anti-paa antibodies were able to block the adhesion of paa-positive bacteria as determined using ex vivo pig ileal explants. More recently, a study by Harel et al. (personal communication) indicated that of 38 ETEC strains studied, carrying the paa gene, all were astA-positive and this gene was on the same plasmid as paa. A high correlation was noted between paa and astA indicating that it may play an important role in the attaching and effacing function including the observed lesions and diarrhea.

4.2. EAST1 in cattle

Bertin et al. [6] tested 185 isolates of STEC from healthy cattle positive for the presence of stx2 (n = 104), stx1 (n = 18) or both toxins (n = 63). They analyzed by PCR 167 stx2-positive and 18 stx1-positive isolates for the presence of astA. The EAST1 gene was poorly present among the stx2-positive isolates (6.5%) and was present in 50% of the stx1-positive strains. Girardeau et al. [14] screened 77 E. coli afa-8 (encoding an afimbrial adhesin) isolates from farm animals (mostly bovine) and humans to compare their virulence traits. They found that the EAST1 gene was more prevalent in the isolates of the bacteremia-associated
EAST1 toxin in farm animals

Their results showed a significant prevalence of the EAST1 gene and its association with clpG (the gene encoding the major subunit of CS31A) among extraintestinal afa-8 isolates. The zoonotic potential of certain clones and the high prevalence of multiple antibiotic resistance among bovine afa-8 isolates suggested that such strains could present a risk to public health. High prevalence of EAST1 toxin was also demonstrated in bovine CS31A-positive isolates [5]. It is noteworthy that bovine CS31A and porcine F4 are closely related fimbrial structures [13].

Stephan et al. [37] reported the first isolation of O157:H45 EPEC strains from cattle. The gene encoding EAST1 was found in 10 of the 11 strains studied. Cattle seem to be a reservoir of O157:H45 EPEC strains, which are described in association with human diseases. These strains could, in some instances, play a role as food-borne pathogens.

4.3. EAST1 in sheep

Cookson et al. [9] experimentally inoculated four lambs at 6 weeks of age with an E. coli O157:H7. Attaching-effacing lesions were observed in the caecum, proximal colon and rectum of one lamb. The attached bacteria did not immunostain with the O157-specific antiserum. From this animal, the bacteriological analysis of samples yielded two isolates O115:H(–), found to form microcolonies and attaching and effacing lesions on Hep-2 cells. Supernatants of both O115:H(–) isolates induced cytopathic effects on Vero cell monolayers. Both isolates encoded EAST1, CNF1 (cytotoxic necrotizing factor) and CNF2 toxins as determined by PCR analysis. These E. coli strains exhibited a novel combination of virulence determinants and are the first isolates found to possess both CNF1 and CNF2.

4.4. EAST1 in food products and water

Since swine, cattle and sheep are food animals, the presence of EAST1 toxin in bacterial isolates from these animals may result in a transmission to humans through the food chain. Yoshima et al. [39] conducted a study on food heavily contaminated with coliforms (115 samples). Using PCR, they observed the highest prevalence of the EAST1 gene in animal products tested (16/54, 29.6%). On the contrary, EAST1 was rarely found in foods of plant origin (2/45) or fishery products (1/16). Although EAST1 was unexpectedly common in animal products, its potential as a human pathogen remains uncertain since some virulence properties differ significantly between strains from fecal and food isolates. Some food isolates, however, possess the same virulence characteristics as fecal isolates.

A few food-borne diarrhea outbreaks caused by atypical diarrheagenic E. coli strains involving adults have been reported. One outbreak in the USA involving more than 100 adults, patrons of the same restaurant, implicated an E. coli O39:NM [17]. This strain was LT, STa and STb-negative. Another diarrhea outbreak in Finland involving 650 humans (611 students and 39 adults in a school) was reported [43]. The pathogen responsible for this outbreak was an E. coli O111:B4. Interestingly, both E. coli responsible for the food-borne outbreaks were astA-positive.

In addition to food products, water contaminated by animal feces could also represent, in some regions of the world including industrialized countries, a way of transmission to human beings. For example, E. coli strains were associated with a waterborne diarrhea outbreak among students and teachers attending a fieldwork program held at a farm in the Akita prefecture, Japan [49]. Among the 75 attendees, 41 students showed clinical signs including diarrhea (85% of patients). A marked difference in the attack rate was noted between students who drank tap water (86.1%) at the pasture and those who only washed their hands (26.3%). The tap water was provided from a brook but without chlorination. Seven E. coli Ouk:H45 isolates were
recovered from the patients as the causative agent of the outbreak. One isolate was attaching and effacing (eae) and astA-positive. In this study, one strain, EC-3605 represented an atypical EPEC strain harboring astA. The role that atypical EPEC strains harboring the astA gene play in human disease is unclear.

These food-borne and water-borne diarrhea outbreaks in humans illustrate the problem that can be encountered when contamination from E. coli elaborating toxins such as EAST1 are associated with farm animals. However, in most epidemiological studies, evidence of such cross-contamination has not been published for EAEC that are EAST1-positive.

5. CONCLUSIONS AND PERSPECTIVES

For now, the pathogenicity of E. coli strains producing EAST1 only has not been determined in an animal model under rigorous experimental conditions. Studies on the correlation between the presence of the astA gene and expression of active EAST1 toxin are also needed because PCR studies indicate the presence of astA but without certifying the synthesis of an active toxin. The oligonucleotide primers used in the reported studies target EAST1 17-2 and at best both variants 17-2 and O-42. Most of the time, variants of EAST1 other than 17-2 and O-42 are ignored suggesting that EAST1 is probably present more often than actually determined by PCR. Further studies may be needed to define a role of EAST1 in the pathogenesis of pig and cattle diarrhea. On the contrary to what was determined for human EAST1-positive strains, there is no clear evidence of EAST1-dependent fluid secretion in animal studies [22] or of an association of EAST1 with epidemic strains of E. coli with high diarrheagenic potential. The late purification of EAST1 toxin [24] by our group could provide a source of pure toxin in order to test if diarrhea could result from the administration of pure toxin to animals without the cumbersome interpretation that we encounter when using E. coli isolates or crude culture supernatants. Another challenge for future studies will be to investigate if the numerous variants already reported for EAST1 toxin are actually toxic for farm animals and also to determine their association with diarrhea outbreaks occurring in farm animals. Challenging the suckling mouse assay, the standard STa assay for the determination of the biological activity, with EAST1 could provide an answer to this question. Since the already tested CD-1 and CFW mouse strains did not indicate toxicity for purified EAST1 from strain 17-2, Swiss albino mice as used by Giannella [12] in his reference assay, should be tested for comparison purposes [24]. Ussing chambers using rabbit ileal tissue could also represent another alternative test for toxicity [34].

A study of Bacciu et al. [2] indicated that an intergeneric transfer of virulence genes (involving the astA gene) via an insertion sequence (IS1414, encoding a transposase (tnpA) and astA in Salmonella) from E. coli together with studies reporting the presence of astA in bacterial genera besides E. coli, like Salmonella Agona [32] and Klebsiella pneumoniae [29] clearly indicate that horizontal transfer of virulence factors, including the astA gene, between bacterial genera occurs in nature and can account for the considerable distribution of the EAST1 gene in E. coli besides EAEC. Yet, there is no evidence of EAST1-dependent fluid secretion in animal studies or of an association of EAST1 with epidemic strains of E. coli with high diarrheagenic potential [2].

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