Use of a serum-free medium to produce in vitro Neospora caninum and Toxoplasma gondii tachyzoites on Vero cells

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Abstract – Neospora caninum and Toxoplasma gondii are cyst-forming coccidian parasites of human and veterinary clinical relevance. In vitro cultivation of the protozoans using Vero cells is usually performed in order to produce antigenic materials. Quantitative and qualitative comparisons of Vero cells grown in RPMI medium supplemented either with foetal calf serum (FCS), horse serum (HS) or a specific serum-free additive (DefCell) were performed. A serum-free cell culture system used to propagate N. caninum (NC-1 isolate) and T. gondii tachyzoites (Rh stain) were compared with the other two cell culture systems. FCS supplemented media was found to be more effective than the others in promoting Vero cells and N. caninum tachyzoites. However, it was found unable to support adequate T. gondii tachyzoite proliferation. Vero cells, T. gondii and N. caninum tachyzoite production gave similar growth patterns with either HS or DefCell supplemented media. Defcell was considered as a good alternative to supplement culture medium.

Neospora caninum / Toxoplasma gondii / cell culture / serum-free medium

Résumé – Utilisation d’un milieu sans sérum pour la production in vitro de tachyzoites de Neospora caninum et Toxoplasma gondii sur cellules Vero. Neospora caninum et Toxoplasma gondii sont deux sporozoaires présentant un intérêt en médecine humaine et vétérinaire. La culture in vitro utilisant, entre autres, les cellules Vero comme support de la multiplication des deux parasites, est généralement employée en vue de l’obtention de tachyzoïtes. Au cours de cette étude, une évaluation quantitative et

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qualitative de la production de cellules Vero dans un milieu complémenté en sérum de veau fœtal, de cheval ou bien avec un additif (DefCell) exempt de sérum, a été réalisée. Les trois types de milieu de culture ont également été employés et comparés dans le cadre de la production sur cellules Vero de tachyzoïtes de *T. gondii* (souche RH) et de *N. caninum* (isolat NC-1). Le milieu complémenté en sérum de veau fœtal s’est révélé être le plus adéquat pour la croissance de cellules Vero et la production de tachyzoïtes de *N. caninum*. Cependant, ce milieu s’est avéré incapable d’assurer une production optimale de tachyzoïtes de *T. gondii*. La production de cellules Vero, ainsi que de tachyzoïtes de *T. gondii* et de *N. caninum*, a présenté des caractéristiques communes en milieu complémenté en sérum de cheval et en DefCell. Ce dernier s’est révélé être une bonne alternative au sérum de veau fœtal et de cheval pour compléter les milieux de culture. L’absence de protéines animales dans ce milieu présente un certain nombre d’avantages qui sont discutés.

**Neospora caninum / Toxoplasma gondii / cellules Vero / milieu exempt de sérum**

1. INTRODUCTION

*Neospora caninum* et *Toxoplasma gondii* sont deux protozoaires de la famille des Sarcocystidae dans la phylum des Apicomplexa. La néosporose est maintenant reconnue comme une cause majeure d’abondation et de naissance prématurée dans le monde [12]. Les signes neuromusculaires cliniques et parfois les dermatites ulcérées peuvent survenir chez les chiens infectés par *N. caninum* [13, 14, 16, 36, 37]. De plus, des évidences sérologiques de l’infection humaine par *N. caninum* ont été recensées dans les États-Unis lors de l’échantillonnage de donneurs de sang à l’aide de l’indirect Fluorescent Antibody Test (IFAT) et d’immunoblotting. La signification de l’exposition humaine à cette parasitose est toujours incertaine [41]. Le parasite *T. gondii* est responsable d’abortus et d’infections congénitales chez les moutons, les chèvres (voir revue [7]) et les humains [40] et la disseminated toxoplasmose est une sévère maladie inimmunocompétents. Cependant, *T. gondii* n’est pas considéré comme abortifacient dans le lait bien que *T. gondii* spécifique DNA a été récemment détectée par la polymerase chain reaction (PCR) dans des cerveaux foetaux endommagés, montrant des lésions histopathologiques consistent avec une protozoan infection [18, 20].

L’échantillonnage de foetus par IFAT [46] ou les tests d’inhibition ELISAs [4, 6, 23] sont largement utilisés. La PCR et les tests d’hybridation des ADN sont principalement utilisés dans les laboratoires de recherche pour confirmer la présence de *N. caninum* DNA dans des tissus [18, 42]. Cependant, la pertinence de ces méthodes pour une utilisation pratique sur des foetuses autolyés ou momifiées reste à évaluer [45].

La production de matériau antigénique et l’étude de la relation entre le cellulaire et les parasites nécessitent la culture in vitro de protozoaires. Tachyzoïtes de *N. caninum* et *T. gondii* ont été cultivés dans des lignes d’origine [13, 28, 30]. Le milieu de culture est généralement complété par du sérum de veau fœtal (FCS). Il est possible que certains lots de sérum de veau fœtal soient à l’origine d’un phénomène d’agrégation et de mauvais développement des tachyzoïtes [22] et la présence de FCS peut entraîner un signal de fond élevé lors de l’IFAT ou ELISA. Le sérum de cheval (HS) a été proposé comme alternative au FCS. Deux enquêtes séro-épidémiologiques réalisées dans le nord-amerique utilisant le *N. caninum* Agglutination Test (NAT) ou IFAT ont montré qu’11.5 et 23.3% des lots de sérum de cheval ont été considéré comme positive respectivement.
Recently, *N. hughesi* was identified in the horse in California [31]. Since *N. caninum* cross-reacts serologically with this new species [31], seroconversion is indicative of exposure to either of these two parasites. The use of horse serum could, therefore, also lead to unexpectedly high background values when performing IFAT or ELISA.

In the present study, serum-free medium was evaluated in order to eliminate high background values when using serological techniques such as IFAT [2, 9, 15, 33], and ELISA [26, 32, 34, 44].

### 2. MATERIALS AND METHODS

#### 2.1. Cell Culture

Comparisons were performed with three different media on Vero cells. Some cells were adapted to RPMI (BioMedia, Boussens, France) serum-free medium containing 10% specific additives (DefCell) (Institut Pasteur, Paris, France) while another batch had previously been adapted to grow in 2% RPMI enriched with heat-inactivated horse serum (Sera-Lab, Loughborough, United Kingdom). Vero cells grown routinely in RPMI containing 10% heat-inactivated FCS (Sera-Lab) were maintained as a standard. Both FCS and HS were found to be free of antibodies to *T. gondii* using a commercially available test (Toxo-Screen, Bio-Mérieux, Brussels, Belgium). Furthermore, no IgG antibodies to *N. caninum* were detected by IFAT [11] in FCS and HS after modifying the test for use in the horse. The cells were observed at 100× magnification in order to evaluate when they became confluent. The RPMI medium was supplemented with stabilised glutamine (Glutamax), nonessential amino acids, sodium pyruvate, with 100 U/mL of penicillin and 100 µg/mL of streptomycin (Biomedia). Tachyzoites of *N. caninum* (NC-1 isolate) [13] as well as *T. gondii* tachyzoites (RH strain) had been previously grown in Vero cells in a foetal calf sera supplemented medium. After cell adaptation in a serum-free medium, the growth of both species of tachyzoites was evaluated in the adapted cell lines.

#### 2.2. Cell count

Cell cultures were maintained in batches of 24 T 25 flasks (Corning, New York, USA) at a time. Cell growth was evaluated both qualitatively and quantitatively. Examinations were made daily at 100× magnification using an inverted microscope equipped with phase contrast. Cell morphology and the ratio between living and dead cells were recorded. Counts were performed using Trypan blue dye (0.4%) (Flow Laboratories, Edinburgh, UK) in order to evaluate the number of dead cells. For each parasite medium combination, a quantitative evaluation was performed on eight flasks, one flask of each combination being used each day for trypsinisation and cell counts. For each flask, cell counts were repeated seven times with a Thoma haemocytometer. Briefly, culture medium was discarded and cells were washed with 5 mL sterile PBS before trypsinisation until all cells were removed from the plastic. Then, trypsin was neutralised by the addition of a medium containing 10% FCS up to a final volume of 11 mL. Cells were centrifuged at 130 g for 10 min and re-suspended in 5 mL PBS for counting.

#### 2.3. Parasite count

Shape, density and intra or extracellular position of the tachyzoites were evaluated. Each series of 24 T25 flasks was incubated with 250 000 NC-1 or 60 000 RH tachyzoites of *N. caninum* and *T. gondii* respectively. Parasite counts were performed on eight flasks for each parasite. Two flasks were used each day between day 3 and day 6, post infection. Infected and non-infected cells were collected with a cell scraper and then transferred into a
30 mL vessel. Cell suspensions were then passed through a 25 gauge needle in order to rupture remaining intact cells and to expel tachyzoites. The suspension was centrifuged for 20 min at 1 350 × g. The supernatant was discarded and the pellet was appropriately diluted in PBS depending on the concentration of the parasites. Counting was performed at 100 × magnification using a Thoma haemocytometer. This was also observed to a lesser extent with Vero cells in the HS supplemented medium. In contrast, most cells maintained in the DefCell supplemented medium, were still alive and adherent, with the classical Vero elongated shape. At the end of the assay (day 7) HS and FCS supplemented media cells were almost all in suspension while DefCell cells were still adherent on the plastic substrate, without signs of lysis.

2.4. Statistical analysis

Student t-test was performed to compare Vero cells or tachyzoite production on each day of the trial. Normality and equality of variance assumptions were evaluated by performing the Kolmogorov–Smirnov and Fischer exact tests respectively. Each time either normality or equality of variance were not carried out a Mann-Whitney test was used. In all other cases, p-level values were the result of the Student t-test.

3. RESULTS

3.1. Cell evaluation

3.1.1. Qualitative evaluation

Cell cultures consisted of Vero cells adapted to RPMI, supplemented either with 2% HS, 10% DefCell or 10% FCS. An average of 1 500 000 cells were put into culture in each T25 flask. Cells became confluent in all cases on day 3. A monolayer was observed when cells were maintained in the presence of HS or DefCell whereas cells cultured in the presence of FCS became hyper-confluent and contained some granules. Overgrowth was observed in all media on day 4. In media supplemented with HS and FCS, some cells were released from the plastic substrate. On day 5, overgrowth was very marked in a culture with an FCS supplemented medium and many round, granular cells were floating in the supernatant. The DefCell medium seemed to promote a better cell survival than the two other media used. A decreased viability of 30% and 9% respectively on day 7 was observed with HS and DefCell media.

3.1.2. Quantitative evaluation

From a quantitative point of view, cell growth was better in the FCS supplemented medium (Fig. 1). Generally, numbers of cells doubled each day in FCS up to day 3, while they grew more slowly in the two other media. After day 3, FCS cell numbers reached a stationary phase and then declined between day 5 and 6 before increasing again on day 7. This decrease was also observed in the HS medium between days 5 and 6. In contrast, DefCell cells grew regularly up to day 7 without showing any decline, except on day 7, when cells became almost confluent. Significant differences between culture in FCS and the two others were observed throughout (with all p < 0.00001) except on day six when no difference was found between FCS and the DefCell supplemented media. On day six, FCS cells were already in the final decline phase while in the other cases cells were still in their growth phase. When comparing cell production in DefCell and HS supplemented media, production in the former was significantly higher on days three and four (p < 0.00001 and p < 0.003 respectively) but lower on day 6 (p < 0.00001) whereas there was no statistical difference on day 5.

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3.2. Parasite growth

3.2.1. *T. gondii* tachyzoites

One day after infection with *T. gondii* tachyzoites, cells showed an infection rate between 3 and 5% irrespective of the type of medium. On day 2, the infection rate increased very quickly in FCS cells reaching 50–70%. The rate was around 30–40% in the HS medium while it remained between 5 and 10% in the DefCell medium. On day 3, the rise was 60 to 80% in HS cells. On the contrary, lysis was now obvious in all cases, even in the DefCell cells, with the lowest infection rate. Surprisingly, FCS cells remained in good condition during the entire experimental period. No tachyzoites were observed in suspension and areas of lysis were rarely observed. In the other two media, lysis was around 30% and many tachyzoites were observed in suspension. On days 6 and 7, no tachyzoites were observed in FCS cells. In contrast, they were commonly observed in lysis areas in both HS and DefCell media. From a quantitative point of view, HS and DefCell cells showed both an increase in the number of visible tachyzoites (Fig. 2). But in the former case, the number of tachyzoites seemed to reach a plateau on day 5 while those produced in the DefCell media increased up to day 6 to reach 9,050,000 parasites/mL. Tachyzoite production was significantly different between the two supplemented media from day 4 to 6. Surprisingly, parasite production remained very low in cells grown in the FCS medium.
3.2.2. *N. caninum* tachyzoites

As in the case of *T. gondii*, 3 to 5% of the cells were infected with *N. caninum* tachyzoites on day 1. On day 2, 50–70, 40–50 and 30–40% of the cells were infected in FCS, HS and DefCell media respectively. In both FCS and DefCell conditions, few tachyzoites were present in suspension while 15–20% of the cells had ruptured. The HS medium showed 3 to 5% of lysis with no tachyzoites in suspension. On day 3, infection reached 90% in FCS with 50% of the cells being lysed. The results were similar in the HS medium, while the DefCell medium showed only 15–30% lysis and 70% infected cells. Five days after the start of the experiment, almost all HS cells were destroyed while 70% of the DefCell cells were still intact. Nevertheless in this case, numerous tachyzoites were observed in suspension throughout the culture. Cell clusters containing tachyzoites in suspension were observed in both the FCS and HS media on days 5 and 6 while rounded tachyzoites were present in suspension in both HS and DefCell conditions. Tachyzoites were more evenly distributed in DefCell medium than in HS medium where they appeared in clusters.

Figure 3 indicates that *N. caninum* counts gave results which were very different from those obtained with *T. gondii*. Best production was achieved in FCS with a total count of $173 \times 10^6$ tachyzoites/mL on day 5, with a decrease in parasite count observed by day 5, probably related to the cell evolution observed during this period. Proliferation was very rapid, since $120 \times 10^6$ tachyzoites/mL were observed on day 4 while only $45 \times 10^6$ in HS and $37.5 \times 10^6$ organisms were observed in HS and DefCell media respectively. Significant differences were found between tachyzoite production on each day when all conditions were compared statistically. By comparing Figures 1 and 3, the maximum production of tachyzoites seemed to be related to the number of cells present in the flask. Indeed,
except on day 6, maximum production was reached in the FCS medium on day 5 while in the other two supplemented media, production levels were $50–70 \times 10^6$ on the same day. Although the numbers observed within the DefCell condition were always lower than for HS, the increases followed the same trend.

4. DISCUSSION

In the present study, RPMI was used as the base medium supplemented with 10% FCS. Other supplements were added at concentrations of 2% for HS and 10% for DefCell. In the FCS medium, cell doubling time was 24 h, during the exponential phase, while this period was expanded to 48 h and 56 h in HS, and DefCell media respectively. Clearly, FCS is more effective than the other supplements in promoting Vero cell proliferation. Cell kinetics in HS and DefCell show the same growth pattern with a lag phase of two days before entering an exponential phase while in the FCS, cell numbers rapidly reached a plateau on day 3.

Currently, *T. gondii* tachyzoites are produced by serial passages in the peritoneal cavity of mice or cotton rats [1, 3, 35, 43]. Although convenient and reliable, this technique is ethically undesirable. Alternative in vitro methods, using MRC5 fibroblasts complemented with FCS, were used for short studies assessing the effect of antimicrobial agents on *T. gondii* [3, 10, 21]. Additionally, continuous cell lines such as HeLa, LLC and Vero were also found to be suitable for the propagation of tachyzoites of *T. gondii* for the needs of a general hospital laboratory [19]. Recently, the good performances of the dye test [39] were reported with tachyzoites grown in cell cultures supplemented with FCS [1]. However, in the present study, FCS was

![Figure 3](image_url)  
**Figure 3.** *N. caninum* tachyzoite production in the three different supplemented media. The production starts without any “lag” phase in the three different types of media. Both DefCell and HS are suitable for producing *N. caninum*, but FCS gives the best results in terms of the quantity of tachyzoites produced.
unable to support adequate *T. gondii* parasite replication rates. The maximum number of tachyzoites produced was close to $10^6$ on day 5 while at the same time HS and DefCell yielded 7 and 5.5 times more parasites, respectively. The batch of FCS, used in this study, may have contained factors which adversely affected tachyzoite growth. HeLa cells were previously reported [19] as being more effective than Vero cells for the production of *T. gondii* tachyzoites in FCS supplemented medium. Since the primary goal of this study was the establishment of a serum free medium for the production of *N. caninum* tachyzoites, Vero cells were selected to support tachyzoite proliferation [13, 28, 30]. The use of HeLa cells adapted in the Defcell medium should give interesting results with *T. gondii*.

In the present work, *N. caninum* growth was better in FCS supplemented medium. However, the use of different batches of FCS could lead to irregular growth and various technical problems when performing serological tests such as IFAT (unpublished observation) and Defcell medium represents an interesting alternative.

In vitro cultures are also used to screen potential chemotherapeutic agents [3, 10, 21, 29, 30] to study the process of cell invasion by the parasite [24] or perform genetic manipulation on the parasite [25, 38]. The presence of serum proteins, or even specific antibodies, could hamper these experiments. The use of a chemically defined medium, such as the one used in the present work, could theoretically eliminate all these problems. In conclusion, for *T. gondii* culture, the Defcell medium should be regarded as a good alternative to the FCS supplemented medium due to the absence of animal protein and the satisfactory level of tachyzoite production whereas the Defcell medium is also able to provide regular supply or viable *N. caninum* tachyzoites more suitable for serological assays than the conventionally produced parasites. However Defcell medium is relatively expensive and it would be useful to compare it under the same conditions with IgG free horse serum which could be a cheaper alternative.

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In vitro proliferation of \textit{N. Caninum} and \textit{T. Gondii} tachyzoites


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